

## CLAIMS

I claim:

1. A medicine minder comprising:

an elastic band capable of detachably connected to a conventional medical  
5 prescription bottle;

an indicator connected to said elastic band, said indicator having a first  
side, said indicator having a second side, said indicator first side having a first  
indicia indicating medicine needs to be taken written thereupon, said indicator  
second side having a second indicia indicating medicine has been taken written  
10 thereupon, said indicator substantially rectangular in shape, said indicator having  
an elastic band end, said indicator having a detachable mount end;

a band hook and loop fastener connected to said elastic band;

a first side hook and loop fastener connected to said indicator first side  
detachable mount end; and

15 a second side hook and loop fastener connected to said indicator second  
side detachable mount end.

2. The medicine minder of claim 1 wherein:

said indicator first indicia being take.

3. The medicine minder of claim 1 wherein:

said indicator second indicia being took.

4. The medicine minder of claim 1 wherein:

said indicator first side being colored green.

5. The medicine minder of claim 1 wherein:

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said indicator second side being colored red.

6. The medicine minder of claim 1 wherein:

said indicator is integrally connected to said elastic band.

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7. The medicine minder of claim 1 wherein:

said indicator first side is frictionally connected to said indicator second side.

8. The medicine minder of claim 1 wherein:

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said elastic band is comprised of spandex; and

said indicator is comprised of spandex.

9. The medicine minder of claim 1 wherein:

said elastic band is comprised of rubber; and

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said indicator is comprised of rubber.

10. The medicine minder of claim 1 wherein:

said elastic band is comprised of Lycra; and

said indicator is comprised of Lycra.

5 11. A medicine minder comprising:

an elastic band capable of detachably connected to a conventional medical prescription bottle;

an indicator connected to said elastic band, said indicator having a first side, said indicator having a second side, said indicator first side having a first  
10 indicia indicating medicine needs to be taken written thereupon, said indicator second side having a second indicia indicating medicine has been taken written thereupon, said indicator substantially rectangular in shape, said indicator having an elastic band end, said indicator having a detachable mount end, said indicator first indicia being take, said indicator second indicia being took;

15 a band hook and loop fastener connected to said elastic band;

a first side hook and loop fastener connected to said indicator first side detachable mount end; and

a second side hook and loop fastener connected to said indicator second side detachable mount end.

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12. The medicine minder of claim 11 wherein:

said indicator first side being colored green.

13. The medicine minder of claim 12 wherein:

said indicator second side being colored red.

14. The medicine minder of claim 13 wherein:

5                   said indicator is integrally connected to said elastic band.

15. The medicine minder of claim 14 wherein:

said indicator first side is frictionally connected to said indicator second side.

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16. The medicine minder of claim 15 wherein:

said elastic band is comprised of spandex; and  
said indicator is comprised of spandex.

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17. The medicine minder of claim 15 wherein:

said elastic band is comprised of rubber; and  
said indicator is comprised of rubber.

18. The medicine minder of claim 15 wherein:

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said elastic band is comprised of Lycra; and  
said indicator is comprised of Lycra.

19. A medicine minder comprising:

an elastic band capable of detachably connected to a conventional medical prescription bottle, said elastic band is comprised of spandex;

an indicator connected to said elastic band, said indicator having a first side, said indicator having a second side, said indicator first side having a first indicia indicating medicine needs to be taken written thereupon, said indicator second side having a second indicia indicating medicine has been taken written thereupon, said indicator substantially rectangular in shape, said indicator having an elastic band end, said indicator having a detachable mount end, said indicator first indicia being take, said indicator second indicia being took, said indicator first side being colored green, said indicator second side being colored red, said indicator is integrally connected to said elastic band, said indicator first side is frictionally connected to said indicator second side, said indicator is comprised of spandex;

a band hook and loop fastener connected to said elastic band;

a first side hook and loop fastener connected to said indicator first side detachable mount end; and

a second side hook and loop fastener connected to said indicator second side detachable mount end.